

MINDFUL LEADERSHIP



CREATING SPACIOUSNESS FOR DEEP INNOVATION

A 2-3 day retreat led by Lisa Markwick and Stephen Archer

“Problems cannot be solved by the same level of thinking that created them”

Albert Einstein



The quality of our presence and our ability to attend mindfully are key factors in promoting dynamic innovation. This retreat will guide you to:

- Tune in mindfully
- Get to the bottom of the issue that is big for your group
- Act on this emerging wisdom

Come with a significant question or issue which impacts you and others you care about. Bring the “right people” with you. They’ll be a group who have agency to make things happen, are intimately involved, and know they need to work together to make a difference (we’ll help you with this beforehand). Embrace the practice of mindfulness, deep conversation and the presencing framework for innovation. Be prepared to inquire with courage and hence more deeply understand the issue; to uncover more fully your common intention, to step back, slow down and allow collective wisdom to emerge, and only then to consider possible ways ahead.

Why Mindfulness and Presencing?

Mindfulness recognises that the quality of our attention is the fundamental agent for transformation. Presencing is the ability to sense an emerging future possibility and act from that state of awareness. Both identify that the quality of results in a system depends on the quality of relationships between the players in a system, and the quality of relationships depends on the quality of awareness that these players are operating from.

These retreats are tailored and by arrangement only.

We work closely with you prior to the retreat to frame the invitation, understand who needs to be there, and develop the details of the process. We welcome your inquiry now. E-mail lisa@mindfuladventures.co.nz or Stephen stephenarcher@mindfulness-training.co.nz See www.mindfuladventures.co.nz and www.mindfulness-training.co.nz for further details.